

Senior Care Courses

With best-in-class training and an easy to use record keeping system, our partner Upstairs Solutions is the premier online training provider in senior care. They are a provider-owned company and understand your business.

Abuse and Neglect

- Abuse and Neglect^{1,2}
- Abuse and Neglect – Fundamentals
- Abuse and Neglect Investigation ^{1,2}

Activities

- Activities – An Interdisciplinary Approach ^{1,2}
- One-to-One Activities ^{1,2}
- Welcome to the Activity Department ¹

Assessments Falls

- Introduction to the RAI-From MDS to Care Plan ^{1,2}
- Anatomy of a Medical Record ¹

A HIPAA Primer for Long-Term Care¹²

- Affirmative Action
- Are You Survey Ready? ^{1,2}
- Corporate Compliance, the Deficit Reduction Act for Managers ²
- Corporate Compliance - What You Need To Know ²
- Fair Housing • Five Star Quality Rating System
- The Ins and Outs of Documentation ²
- Preventing Harassment in the Workplace ¹
- Preventing Harassment in the Workplace for Supervisors ^{1,2}
- Quality Assessment & Assurance
- Residents' Rights ^{1,2}

Dementia

- Communicating with Older Adults with Dementia^{1,2}
- Depression – What You Need to Know²
- Providing High Quality DementiaCare - An Overview^{1,2}
- What is Dementia?^{1,2,3}
- What is Dementia – Fundamentals

Dietary

- Kitchen Safety¹
- Kitchen Safety - Fundamentals
- Safe Food Handling¹
- Safe Food Handling - Fundamentals
- Welcome to the Dietary Department¹

Elopement

- Elopement - Do You Know Where Your Resident Is?^{1,2}
- Falls
- Understanding Falls^{1,2}

Family Education Series

- Advance Directives
- Communicating with Older Adults with Dementia
- Creating A Fine Dining Experience
- Depression - What You Need to Know
- Diabetes - What You Need to Know
- Introduction to End-of-Life Issues
- Is Your Loved One at Risk for Falls?
- Medicare Overview
- Nutrition and Hydration - Your Responsibilities
- Safe Eating
- Siderails - A Hidden Danger
- What are Physical Restraints?
- What Families Should Expect from Long-Term Care
- What is Dementia?

Infection Control

- Bloodborne Pathogens^{1,2}
- Bloodborne Pathogens - Fundamentals
- Hand Hygiene¹
- HIV and AIDS - What You Need to Know⁵
- Infection Control^{1,2}
- Infection Control – Fundamentals
- Personal Protective Equipment^{1,2}
- Tuberculosis - What You Need to Know²

Medicare

- Medicare Overview^{1,2}

Medications

- Medication Administration: Avoiding Common Errors^{1,2}

Nutrition

- Alternative Feeding Methods^{1,2}
- Creating a Fine Dining Experience^{1,2}
- Nutrition and Hydration - Your Responsibilities^{1,2}
- Nutrition and Hydration: Your Responsibilities -Fundamentals
- Safe Eating^{1,2}

Pressure Ulcers

- Pressure Ulcer Prevention - "T-N-T" ^{1,2}

Pressure Ulcers—Advanced (Wound Care 101)

- Back to Basics of Wound Healing⁴
- Nutrition & Wound Healing⁴
- Wound Assessment & Documentation⁴
- Selecting a Dressing⁴
- Chronic Wound Management⁴
- Interventions to Manage Tissue Loads & Incontinence⁴
- Differentiating Various Types of Ulcers⁴
- How to Perform an Ankle Brachial Index & Applying a Multilayer Compression Wrap⁴
- Reducing Your Risk of a Lawsuit⁴

Resident Care

- Advance Directives^{1,2}
- Aggressive Residents^{1,2}
- Catheter Care¹
- Depression – What You Need to Know²
- Diabetes-What You Need to Know^{1,2}
- The Ins and Outs of Documentation²
- Introduction to End of Life Issues
- Pain: The 5th Vital Sign - Assessment^{1,2}
- Pain: The 5th Vital Sign - Treatment Options^{1,2}
- Perineal Care¹
- Postmortem Care¹
- Pressure Ulcer Prevention - "T-N-T"^{1,2}
- Preventing Constipation and Fecal Impaction^{1,2}
- Transferring, Repositioning and Lifting Residents Safely^{1,2}
- Urinary Incontinence^{1,2}
- Weighing and Measuring Residents¹

Restorative Nursing and ADLs

- Communicating with Older Adults with Dementia^{1,2}
- Empowering Residents Through ADLs^{1,2}
- Empowering Residents Through ADLs - Fundamentals
- Nutrition and Hydration - Your Responsibilities^{1,2}
- Perineal Care¹
- Pressure Ulcer Prevention - "T-N-T"^{1,2}
- Safe Eating^{1,2}
- Transferring, Repositioning and Lifting Residents Safely^{1,2}
- Understanding Falls^{1,2}
- Urinary Incontinence^{1,2}

Restraints

- Creating a Restraint-Free Environment^{1,2}
- Siderails - A Hidden Danger^{1,2}
- What are Physical Restraints?^{1, 2}

Safety

- Aggressive Residents^{1,2}
- Bloodborne Pathogens^{1,2}
- Bloodborne Pathogens - Fundamentals
- Defensive Driving
- Emergencies & Disasters -- What You Need to Know²
- Ergonomics - Lifting and Moving^{1,2} • Fire Safety^{1,2}
- Hazard Communication – MSDS¹
- HIV and AIDS - What You Need to Know⁵
- Kitchen Safety
- Investigating Employee Accidents^{1,2}
- Lockout / Tagout Procedures¹
- Personal Protective Equipment^{1,2}
- Preventing Slips, Trips and Falls^{1,2}
- Preventing Workplace Violence^{1,2}
- Transferring, Repositioning and Lifting Residents Safely^{1,2}
- Tuberculosis - What You Need to Know²

Other

- Managing the Employee on Transitional Duty¹
- Professionalism in the Workplace^{1,2}
- What Families Should Expect from Long-Term Care

A large, light gray watermark of the Cogentys logo is centered on the page. It consists of a cluster of yellow and orange dots above the word "cogentys" in a lowercase, sans-serif font. The "co" is highlighted in yellow.